Song Activity – CATCH AND RELEASE by Matt Simons

Target audience (age): Ensino Médio

Aim: working with vocabulary, expressions and collocations related to self-knowledge, answering questions that help the comprehension of the lyrics, working with Phrasal Verbs and having fun by singing the song and watching the video

Duration: 50 min

Organization: individual work or in groups (teacher’s choice)

Material: activity worksheet

Preparation: make copies of the worksheet, check the site with the song and get familiar with the lyrics. Site https://www.youtube.com/watch?v=RipobX2qrls.

Procedure:

Pre-listening

• Warm up students by asking them if they know the song Catch and Release. Ask them if they know what it’s about just by analyzing the title.

• Brainstorm some collocations with both verbs and write their ideas on the board.

• Hand out the copies of the worksheets.

• Before listening to the song and/or watching the video, tell students they’re going to work with some vocabulary from the lyrics. Ask students to do exercise 1 and check their answers.

• If possible, watch the video and check on the lyrics in advance.

• Discuss with the whole group if their ideas from the brainstorming moment are present in the song.

• Draw students’ attention to question 7, where they are supposed to analyze parts of the song. After they answer the questions individually, allow some time for them to exchange their thoughts in small groups. Set a time limit for this activity.

• Check the groups’ answers.

• Go over the other activities in the worksheet with students and check if they understand all the exercises.

• Ask students to do the exercises and help them if necessary.

• Correct the exercises on the board.

Wrap up activity

• Students sing along with the video.
SONG ACTIVITY: CATCH AND RELEASE by Matt Simons

1. Before listening to the song, match the words and their meanings.

(a) STEADY (b) solitary, without company
(b) LONELY (c) to exhibit
(c) REVEAL (d) scary
(d) THROUGHOUT (e) stable, constant
(e) TERRIFYING (f) from the beginning to the end

2. Use the words from exercise 1 in the correct sentences.

(a) Tom was bored THROUGHOUT the movie.
(b) The storm was beautiful and TERRIFYING at the same time.
(c) Claire is looking for a STEADY job.
(d) He didn't have any friends when he was ten. He was a LONELY child.
(e) It seemed she was going to REVEAL her secret, but she didn’t.

3. Listen to the song. Identify the phrasal verbs in the lines of the song.

“It’s a place I made up” (a) MADE UP
“Find out what I’m made of” (b) FIND OUT
“Take it all in and wake up that small part of me” (c) TAKE IN
“What builds up throughout the day” (d) WAKE UP
“It gets into your body” (e) BUILD UP
(f) GET INTO

4. Match the phrasal verbs to their meanings.

(TAKE IN) to accept
(MAKE UP) to invent a story, an explanation, etc.
(WAKE UP) to feel more lively
(GET INTO) to enter a place
(BUILD UP) to increase
(FIND OUT) to discover a fact
5. Use some of the phrasal verbs from exercise 4 to complete the story. Pay attention to the tenses of the verbs.

Ms. Lucy Felix, the History teacher, didn’t take up Richie’s excuse for not handing in the paper on time. In fact, he made up a crazy story about a cat which got into his bedroom and tore all his paper. When the teacher found out the truth, she decided he should get a good grade because of his creativity. This fact contributed to build up his confidence.

6. Write the words under the correct verbs.

<table>
<thead>
<tr>
<th>BREATH</th>
<th>REVEAL</th>
<th>COUNT</th>
<th>FLOW THROUGH</th>
<th>FIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLOWLY</td>
<td>SECRETS</td>
<td>STARS</td>
<td>YOUR BLOOD</td>
<td>SLEEP</td>
</tr>
</tbody>
</table>

7. Why do you think the title of the song is Catch and Release? (Answers will vary, but may include: because of the contradictions of a person’s personality or because people are never satisfied with what they are looking for, they catch and release.)

8. About you. Answer the questions.

(a) Where do you go when you want to be alone? How often does it happen? (Answers will vary.)

(b) What’s the meaning of Find out what I’m made of? (Answers will vary, but may include: it means that a person is looking for their essence and how to accept it.)

(c) In the song it’s said Everybody got their reason, everybody got their way. What’s the best meaning?
1- People have different ways of living life and dealing with its conflicts and issues.
2- There are different people.
3- There are different reasons and ways to live life.
SONG ACTIVITY: CATCH AND RELEASE by Matt Simons

Name: ________________________________________________________ Date: _____/_____/________

1. Before listening to the song, match the words and their meanings.

(a) STEADY                (   ) solitary, without company
(b) LONELY                (   ) to exhibit
(c) REVEAL                 (   ) scary
(d) THROUGHOUT             (   ) stable, constant
(e) TERRIFYING             (   ) from the beginning to the end

2. Use the words from exercise 1 in the correct sentences.

(a) Tom was bored ______________________ the movie.
(b) The storm was beautiful and _______________________ at the same time.
(c) Claire is looking for a ________________________ job.
(d) He didn’t have any friends when he was ten. He was a _____________________ child.
(e) It seemed she was going to _______________________ her secret, but she didn’t.

3. Listen to the song. Identify the phrasal verbs in the lines of the song.

“"It’s a place I made up
Find out what I’m made of”"

“"Take it all in and wake up that small part of me”"

“"What builds up throughout the day”"

“"It gets into your body”"

PHRASAL VERBS
(a) ______________________
(b) ______________________
(c) ______________________
(d) ______________________
(e) ______________________
(f) ______________________

4. Match the phrasal verbs to their meanings.

(__________) to accept
(__________) to invent a story, an explanation, etc.
(__________) to feel more lively
(__________) to enter a place
(__________) to increase
(__________) to discover a fact
5. Use some of the phrasal verbs from exercise 4 to complete the story. Pay attention to the tenses of the verbs.

Ms. Lucy Felix, the History teacher, didn’t ________________ Richie’s excuse for not handing in the paper on time. In fact, he ________________ a crazy story about a cat which ________________ his bedroom and tore all his paper.

When the teacher ________________ the truth, she decided he should get a good grade because of his creativity. This fact contributed to ________________ his confidence.

6. Write the words under the correct verbs.

<p>| SECRETS – YOUR BLOOD – A MYSTERY – SLOWLY – STARS – SLEEP |</p>
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7. Why do you think the title of the song is *Catch and Release*?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

8. About you. Answer the questions.

(a) Where do you go when you want to be alone? How often does it happen?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

(b) What’s the meaning of *Find out what I’m made of*?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

(c) In the song it’s said *Everybody got their reason, everybody got their way*. What’s the best meaning?

1- People have different ways of living life and dealing with its conflicts and issues.
2- There are different people.
3- There are different reasons and ways to live life.